

Semi-Homemade Meat Sauce

QUICK STEPS

Ingredients

- 1 jar of your favourite pasta sauce
- 1 red pepper, diced
- 1 red onion, diced
- 1 package of ground meat or meat alternative of your choice
- 1 tablespoon of olive oil
- Package of your favourite pasta

Directions

Heat the olive oil in a pan
Add ground meat and brown
Add pepper and onion and cook through
Add pasta sauce and simmer, covered, for 20 mins or longer

While it is simmering, cook your pasta

Enjoy!

Notes



Shoana Jensen